

## CURRICULUM VITAE

**Catherine Sullivan (nee Recznik), PhD, RN, PHRN, CEN, CPEN, AWEP**  
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### LICENSURE

Aug 2010 **RN licensure** by Examination: **West Virginia**, license #78760, current  
Sept 2010 **RN licensure** by Verification: **Ohio**, license #364964, current  
April 2011 **RN licensure** by Verification: **Pennsylvania**, license #624973, current  
Aug 2021 **PHRN (Pre-Hospital Registered Nurse), Pennsylvania**, license#PA1040166, current

### CERTIFICATION

Aug 2012 **CEN certification (Certified Emergency Nurse)**; current  
Aug 2016 **CPEN certification (Certified Pediatric Emergency Nurse)**; current  
July 2021 **AWEP certification (Advanced Wilderness Provider)**; current

### EDUCATION

May 2018 **Doctor of Philosophy (PhD) in Nursing**  
Duquesne University

- March 26, 2018, successful defense of “Comparison of Two Methods of Pediatric Triage Education”
- GPA: 3.93
- School of Nursing Distinguished Dissertation Award

Dec 2012 **Masters of Science in Nursing**, focus in Educational Specialist  
Franciscan University of Steubenville

- GPA: 3.98

May 2010 **Bachelors of Science in Nursing**, minor in Biology  
Franciscan University of Steubenville

- GPA: 3.87 (magna cum laude); Dean’s List

### SOCIETY MEMBERSHIP

Jan 2017 **Member**, Sigma Theta Tau International Honor Society of Nursing, Epsilon Phi Chapter (Duquesne University)

Apr 2017 **Member**, Simulation Alliance of Pennsylvania, Ohio, West Virginia (SimPOW)

## TEACHING EXPERIENCE

September 2022-present      **Chairperson, Department of Nursing, Franciscan University of Steubenville.**

August 2013-current      **Assistant Professor of Nursing, then Associate Professor of Nursing, Franciscan University of Steubenville.** Employed as a full-time faculty member in the nursing department. Work in a variety of fields, including as lead professor for the NUR 312 Pediatric nursing course, clinical instruction at UPMC Children's Hospital of Pittsburgh, preceptor supervision, guest lecturing in undergraduate and graduate courses, and performing general faculty duties. Also design, implement, and administrate simulation lab experiences for all levels of nursing education.

May 2009-current      **Instructor, CPR/AED, First Aid, Emergency Preparedness; American Red Cross.** Instruct CPR/AED, First Aid, Emergency Preparedness for all levels of student. Franciscan University, Steubenville, OH

Oct 2011-current      **Instructor, PALS; American Heart Association** (sites include UPMC St. Margaret, UPMC Shadyside). Certified as an instructor for Pediatric Advanced Life Support; teaching both lecture material as well as practical sections (IO insertion, CPR review, Zoll review, etc). Participate in testing and remediation for all levels of student (RNs, MDs, NPs, and PAs).

Jan 2011-current      **Instructor, ACLS; American Heart Association** (sites include Wheeling Hospital, UPMC St. Margaret). Certified as an instructor for Advanced Cardiac Life Support; teaching both lecture material as well as practical sections (Advanced airway equipment, IO insertion, CPR review, Zoll review, etc). Researched and developed additional lecture material based on student feedback (eg, Rapid Sequence Intubation, Stroke). Participate in testing and remediation for all levels of student (RNs, MDs, NPs, and PAs).

Jan 2011-current      **Instructor, BLS; American Heart Association** (Wheeling Hospital, UPMC St. Margaret, Franciscan University of Steubenville). Certified as an instructor for Basic Life Support; performing practical teaching, testing, and providing remediation for all levels of student (NAs, PCTs, LPNs, RNs, MDs, NPs, and PAs).

Fall 2014      **Lecturer, Pediatric Education Series: UPMC St. Margaret.** Lectured on topic of pediatric concussion to inpatient, ED, and outpatient surgery center staff, including RNs, MDs, and advanced practice providers.

August 2014, 2016      **Co-developer and presenter, First Aid and CPR Simulation and Certification for Health Center Staff, Franciscan University.** Developed, planned, and presented an American Red Cross HCP First Aid and CPR/AED course that incorporated simulation scenarios for on-campus Health Center Staff, including RNs, an NP, counselors, and administrative staff.

June-July 2014      **Clinical Instructor, Registered Nurse, FUS Summer Ecuador Program, Quito, Ecuador.** Instructed and supervised nursing and pre-med clinical experiences at Fundación Tierra Nueva for three weeks, as well provided medical care for on-campus students, staff, faculty, and children of faculty members. Trained the nurse covering the second half of the trip and participated in medical and logistical planning during time in Ecuador.

April 2013-2015      **Lecturer, UPMC-hosted CEN Review, UPMC.** Lectured on the topic of medical emergencies as covered by the Certified Emergency Nurse (CEN) Exam.

January-May 2013      **Clinical instructor, Franciscan University of Steubenville.** Employed as a clinical instructor for junior students in their pediatric nursing course. Designed and implemented a pediatric critical care lab day, incorporating AHA PALS guidelines, simulation, case studies, and senior nursing students.

January-May 2013      **Simulation Lab Instructor, Franciscan University of Steubenville.** Assisted in the development, programming, and implementation of a monthly senior critical thinking simulation lab for seniors in their last semester of coursework. Worked to both program and run the simulation equipment, and participated in discussion of material during debriefing.

Dec 2012-Mar 2013      **Interim Coordinator, ACLS and PALS, UPMC St. Margaret.** Worked as the interim coordinator for ACLS and PALS, performing instructional and administrative duties for the purposes of verification and certification in ACLS and PALS for RNs, MDs, NPs, and PAs.

Aug & Oct 2012      **Guest Lecturer, IV therapy and “Code Blue” labs, Franciscan University.** Guest lectured at senior lab experiences, including assisting with running simulation equipment and presenting a lecture on the topic of Rapid Sequence Intubation. Participated in discussions with students regarding medications and treatment choices within scenarios for Code Blue.

May-July 2012      **MSN clinical experience; NUR 770: Advanced Clinical Nursing, UPMC Shadyside.** Precepted at UPMC Shadyside ED with an Advanced Practice Nurse. Participated in aspects of educating emergency department staff members, including one-on-one education, portions of nursing orientation, topic-based education, and case study review, as well as assisting with stretcher-side care of ED patients and designing go-live training with use of ultrasound at the bedside for peripheral IV insertion by the RN.

June-July 2012      **Guest Lecturer, UPMC Emergency Nurse Course, UPMC Shadyside.** Presented at system-wide Emergency Nurse Course on the topic of Gastrointestinal Emergencies.

Jan-May 2012      **MSN clinical experience; NUR 730: Educational Specialist role practicum.** Precepted with an undergraduate faculty member at pediatric clinical site, East Liverpool City Hospital and on campus, Franciscan University. Participated in many aspects of performing as a faculty member in this course, including the instruction, testing, and clinical evaluations of junior level nursing students in their pediatric nursing clinical. Primary preceptor experience in the clinical setting, with some time also spent assisting with clinical laboratory days as well as with standard lecture days.

Jan-May 2011      **Guest Presenter: Disaster Preparedness and Management in Schools, Franciscan University.** Designed and implemented a case-study based education session for undergraduate education majors, presenting and discussing the topics of disaster preparedness and management according to the framework set up by FEMA.

Mar 2011      **Guest Presenter, “Licensure and Nursing Boards;” Franciscan University.** Presented on the topic of “Licensure and Nursing Boards” to the senior BSN class.

Aug-Dec 2010      **MSN Class NUR 620, Clinical Experience: St. Paul’s Elementary School in Weirton, WV.** Clinical experience precepting with a Masters-prepared school nurse, participating in

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assessment, screenings, and record-keeping in an elementary school. Primary presentation for students was titled *Being Healthy: Obesity, Diabetes, and Asthma*. Given as presentations to Kindergarten through 8<sup>th</sup> grade, with Eating Disorders included as a topic for the 7<sup>th</sup> & 8<sup>th</sup> grade.

Aug 2009- May 2010 **Senior Student Representative to Curriculum & Evaluation Committee, Franciscan University**. Represented the senior class within the undergraduate Nursing Department.

## PROFESSIONAL EXPERIENCE

Aug 2011-current **Senior Professional Staff Nurse, BSN; UPMC St. Margaret, Emergency Department**. Senior professional Staff Nurse, BSN, in a 26-bed Emergency Department in a Magnet-designated UPMC hospital in Pittsburgh, PA. Responsible for the triage, treatment, and care of patients from all age groups and walks of life. Cared for patients needing treatment ranging from minor complaints to cardiac or respiratory arrest. Participated in high-quality stroke care, as evidenced by UPMC St. Margaret being designated as Primary Stroke Center, and in 2012, again received the Stroke Gold Plus Quality Achievement Award from the American Heart Association, for its high quality stroke care. Also continued as an ACLS and BLS instructor and became a PALS instructor, using these skills on a regular basis and teaching on a regular basis as part of this employment.

Aug 2010- July 2011 **Registered Nurse, Wheeling Hospital, Intermediate Care Unit**. Registered Nurse on the telemetry unit in Wheeling Hospital. Responsible for the coordination and provision of care for cardiac patients experiencing alterations in rhythm, perfusion, and compensation. Responsible to provide ACLS care when necessary, and to manage patients experiencing acute changes of condition. Responsible to give comprehensive discharge instructions and to provide medication teaching on a daily basis. Responsible to evaluate EKGs and telemetry, and treat patients accordingly. Responsible for the care and education of pre and post-procedure patients, including cardiac catheterization and pacemaker insertion.

Aug-Dec 2012 **NUR 660: Advanced Assessment; Trinity Health System, Emergency Department**. MSN clinical experience precepting with family nurse practitioner working in the ED. Participated in all aspects of advanced assessment in the Emergency Department setting. Participated in assessment and management of ED patients according to the scope of practice of a family nurse practitioner.

Aug 2009- Aug 2010 **Receptionist, Night Manager; Franciscan University, Christ the King Chapel**. Worked with office staff and liturgy committee to staff the Chapel Office and plan, organize, and assist at campus liturgies and in the chapel office.

Sept 2009- June 2010 **Customer Service Representative; Franciscan University Bookstore**. Provided customer service to students, parents, and visitors at a campus bookstore.

Aug 2009- May 2010 **Chair of Safety Manual Committee for Chapel Office, Franciscan University**. Wrote and then presented the safety manual for Christ the King Chapel to students and professional staff. Franciscan University, Steubenville, OH

2009 **Authored the *Events Office: Logistics Student lead manual*** (including Orientation, Opening Weekend, Homecoming Weekend, Holy Week, and Commencement). Franciscan University, Steubenville, OH

- 2008            **Authored the *Christian Outreach Office: Logistics student lead manual.*** (including all summer conference activities). Franciscan University, Steubenville, OH
- 2007            **Assisted with the revision of the *Finnegan Fieldhouse Tornado Evacuation Plan*** for the Christian Outreach Office. Franciscan University, Steubenville, OH
- 2006            **Co-authored the *Christian Outreach Office: Supply & Transport student lead manual.*** Franciscan University, Steubenville, OH
- 2006-2009    **Lead Student Supervisor; Franciscan University, Events Office.**  
 Hired, supervised, and trained ~60 workers each summer, coordinated meetings and event planning with other student supervisors, professional staff, and faculty. Responsible to assist with the development of and oversee the implementation of safety protocols, including emergency response and staff training.

#### SCHOLARLY WORK

- Annual, 2017-present      Resident Assistant Training: **Emergency! An introduction to life's emergencies for Resident Assistants.** Franciscan University Residence Life; Steubenville, OH.
- In Press*            Recznik, C.T. (2022) **Chapter 32: Metabolic Emergencies**, in Sheehy's Manual of Emergency Care, 8<sup>th</sup> Edition. *In Press*, Elsevier.
- 2020            Recznik, C.T. (8/25/2020). **COVID19 Education for Student Teachers.** Franciscan University, Steubenville, OH.
- 2019            Recznik, C.T. (12/2/2019). **Hot Topics: Pediatric Triage Education.** (Podium presentation) UPMC St. Margaret, Pittsburgh, PA.
- 2019            Recznik, C.T. (2019). **Chapter 28: Endocrine Emergencies**, in Sheehy's Emergency Nursing: Principles and Practice, 7<sup>th</sup> Edition. Elsevier. New York, NY.
- Oct 2019        Presented at SimPOW: **Recznik, C.T. Innovations in Multi-Patient Pediatric Simulation.** *Two hour presentation and simulation activity for ~35 faculty and simulation educators from nursing schools in Pennsylvania, Ohio, and West Virginia.*
- Feb 2019        Recznik, C.T., Simko, L., Travers, D., & Devido, J. (2019). **Pediatric Triage Education for the General Emergency Nurse: A Randomized Crossover Trial Comparing Simulation with Paper-Case Studies.** *Journal of Emergency Nursing*, Jul;45(4):394-402.. doi 10.1016/j.jen.2019.01.009
- Feb 2019        Ecuador Mission Preparation: **How to Stay Healthy on Mission.**

- Mar 2018 Public Final Defense: **Comparison of Two Methods of Pediatric Triage Education.** Duquesne University. Committee members: L. Simko, D. Travers, J. Devido.
- Mar 2018 Recznik, C.T. & Simko, L. (2018). **Pediatric triage education: An integrative literature review.** *Journal of Emergency Nursing*, 2018 Nov;44(6):605-613.e9. doi 10.1016/j.jen.2018.01.003
- Feb 2018 Co-presenter at SimPOW: Antinone, R. & Recznik, C. (2018). **Enhancing your program with simulation.** Presented February 24, 2018, at the SimPOW meeting hosted at Franciscan University.  
Co-presenter at SimPOW: Antinone, R., Donnelly, K., Linn, N., Loot, B., & Recznik, C. (2018). **Running sim on a shoestring: Innovations in simulation on a limited budget.** Presented February 24, 2018, at the SimPOW meeting hosted at Franciscan University.
- Feb 2018 Ecuador Mission Preparation: **How to Stay Healthy on Mission.** *I was actually asked to give this presentation as a guest speaker, about a month prior to actually joining the medical team.*
- Completed Jan 2018 **Primary Investigator: Comparison of Two Methods of Pediatric Triage Education.**
- Sept 2017 KIDS 2017; Akron Children's Annual Pediatric Conference: **Poster Presentation: Handle 'em a little different; A grounded theory mini-study about caring for pediatric patients in the general emergency department.**
- April 2017 GRACE (Gallery of Research, Artistry, and Community Engagement): **Podium presentation: Handle 'em a little different; A grounded theory mini-study about caring for pediatric patients in the general emergency department.**
- April 2017 GRACE (Gallery of Research, Artistry, and Community Engagement): **Poster presentation: Teaching Real-World Skills for Mission Work.** Co-presented with Prof. Richard Antinone, RN, MSN, CEN (Waynesburg University DNP student) and Prof. Brian Loot, RN, MSN (Waynesburg University DNP student).
- Completed Jan 2017 **Co-Primary Investigator: Process that Registered Nurses (RNs) use when caring for pediatric patients in the general emergency department,** Duquesne University
- Completed 2016 **Primary Investigator, Varied Effectiveness of Spanish immersion during a six week summer term in Quito, Ecuador,** Franciscan University of Steubenville
- Ongoing **Research participant, Nurses' Health Study 3,** enrolled October 28, 2011; Harvard School of Public Health.
- June 2016 **Poster presentation: Teaching Real-World Skills for Mission Work.** Co-presented with Prof. Richard Antinone, RN, MSN, CEN (Waynesburg University DNP student) and Prof. Brian Loot, RN, MSN (Waynesburg University DNP student).

- May 2013 **Poster presentation, *Flex monitor discontinuation study; UPMC Nurses' Week.*** Co-researcher with Gina Koch, MSN, RN, CMSRN.
- Spring 2012 **NUR 695: Research Option;** Participated as a co-researcher with a clinically-based researcher at UPMC St. Margaret, Gina Koch, MSN, RN, CMSRN, assisting with two inpatient studies: use of remote cardiac monitoring and stroke follow-up care, respectively. Was able to assist with data collection and interpretation as well as staff education for her next study, "Stroke Follow-up Care."
- 2010 **Research Participant, *Effectiveness of Narrative Exemplars on Leadership Development.*** Principal Investigator Dr. Kathrine M. Kolanko, RN, PhD. Franciscan University, Steubenville, OH

#### AWARDS

- 2018 **Awardee, *School of Nursing Distinguished Dissertation Award.***  
Duquesne University, Pittsburgh, PA
- 2012 **Awardee, *Rising Star in Clinical Practice.*** System-level award for excellence in nursing, awarded to an RN with less than two years of nursing experience.  
UPMC, Pittsburgh, PA
- 2010 **St. Catherine of Siena award (Outstanding Nursing Student) Class of 2010.**  
Franciscan University, Steubenville, OH
- 2010 **St. Thomas More Award for Outstanding Student Leadership**  
Franciscan University, Steubenville, OH
- 2009 **Outstanding Student Worker Award**  
Franciscan University, Steubenville, OH

## CONTINUING EDUCATION

- Oct 2018 **Completion of American Red Cross Instructor-Trainer Course for Adult and Pediatric First Aid/CPR/AED;** qualified as train-the-trainer after a week long course in Cincinnati, OH.
- Beg Sept 2018 **Regular attendance at SimPOW (Simulation Alliance of Pennsylvania, Ohio, West Virginia)** meetings, which each include training, education, and discussion of best practices in healthcare simulation
- 2012 **Completed ENA's Trauma Nursing Core Course (TNCC)**  
UPMC Mercy, Pittsburgh, PA
- 2012 **Completed ENA's Emergency Nurse Pediatrics Course (ENPC)**  
Children's Hospital of UPMC, Pittsburgh, PA
- 2012 **Participant, Laerdal-sponsored training for use of SimMan 3G and associated programming and technology.**  
Franciscan University of Steubenville, Steubenville, OH
- Oct 2011 **Completed American Heart Association PALS Instructor requirements.**  
UPMC St. Margaret, Pittsburgh, PA
- Mar 2011 **Completed American Heart Association ACLS Instructor requirements.**  
Wheeling Hospital, Wheeling, WV
- Jan 2011 **Completed American Heart Association BLS Instructor requirements.**  
Wheeling Hospital, Wheeling, WV
- Dec 2010 **Completed ACLS, scoring 100% on both the didactic and practical testing portions.**  
Wheeling Hospital, Wheeling, WV
- Dec 2010 **Completed Basic Arrhythmia class, scoring greater than 99%.**  
Wheeling Hospital, Wheeling, WV
- May 2009 **Certified, Instructor, CPR/First Aid;** American Red Cross  
Franciscan University, Steubenville, OH
- May 2008 **Certified, CPR/First Aid for the Professional Rescuer;** American Red Cross  
Franciscan University, Steubenville, OH

## SERVICE TO THE UNIVERSITY

- 2013-2017 **Academic Advisor, Class of 2017**  
2017-present **Freshman (Pre-Nursing) Advisor.** *Beginning in Fall 2018, the nursing department restructured Academic advising and we now advise by academic year, rather by cohorted class (as was done previously). In the role of Academic Advisor to the freshman, I (now joined by Prof. Leonard) organize meetings for our 70-90 pre-nursing students each semester as well as coordinate the actual sessions for course selection. I also meet with individual students throughout the semester, over the summer, and during Christmas break to assist them in discernment and decision-making about their academic careers at Franciscan. In working the freshman specifically I have developed and maintained a strong relationship with the Student Success office, and we work closely together to serve each pre-nursing student. I would estimate that I meet with or speak with 2-5 pre-nursing students each week, in addition to scheduled group sessions.*
- 2018-present **Educational Planning Committee, at-large member** (re-elected May 2020)
- 2015-2018 **Nursing Simulation Committee, secretary**  
2018-present **Nursing Simulation Committee, Chair**  
*Weekly committee to write, revise, organize, and prepare all simulation experiences for the undergraduate and graduate nursing department.*
- 2014-2015 **Learning Technologies Committee, Co-Chair**  
2015-2016 **Learning Technologies Committee, secretary**
- 2013-2014 **New Faculty Committee, member**
- 2014, 2015, 2018, 2019, 2020, **Participated in a week-long Medical Mission trip to Ecuador** through Franciscan Missions of Peace, attending as a nurse/medical team member, now advisor and medical staff coordinator. *Beginning in February 2019, took a more active leadership role, and I am now the advisor and medical staff coordinator for the Spring 2020 trip. Was unable to attend Spring 2020 (which was subsequently cancelled) but continued to serve in an organizational role up until cancellation, facilitating distribution of expiring medications to another mission. Planning to attend Spring 2022.*

## SERVICE TO THE COMMUNITY

- 2010-present **Women's group coordinator**, Community of God's Love, Steubenville, OH
- 2016-present **Extraordinary Minister of Holy Communion**,  
Holy Family Catholic Parish, Steubenville, OH
- 2005-2014 **Music ministry member**, Community of God's Love, Steubenville, OH
- 2010-2012 **Adult team member**, Hearts of Fire youth group; Community of God's Love
- Dec 2014 **Participant, Mission trip to Haiti**
- 2010-2012 **Extraordinary Minister of Holy Communion**,  
St. John Fisher Catholic Church, Richmond, OH
- 2005-2010 **Extraordinary Minister of Holy Communion**,  
Franciscan University, Steubenville, OH
- 2008-2011 **Cantor**, St. John Fisher Catholic Church, Richmond, OH
- 2007, 2008, 2009 **Participated in a week-long Medical Mission trip to Ecuador** (as a student)