

Milo C. Milburn, Ph.D., LPCC-S
Clinical Mental Health Counseling
Franciscan University of Steubenville
1235 University Blvd.
Steubenville, OH 43952
Office: (740) 284-7220
Email: mmilburn@franciscan.edu

LICENSURES

Supervising Counselor (LPCC-S)—Ohio

Licensed Psychologist—Pennsylvania

CERTIFICATIONS

Certified Cognitive-Behavioral Therapist (NACBT)

Certified Trauma Therapist (ITT, Inc.)

EDUCATION

Franciscan University of Steubenville
Steubenville, OH 43952
Degree: MA in Counseling, 1999

Duquesne University
Pittsburgh, PA 15219
Degree: Ph.D. in Clinical Psychology, 1992

Marshall University
Huntington, WV
Degree: M.A. in Psychology, 1978

West Virginia University
Morgantown, WV
Degree: B.A. in Psychology, 1974

WORK EXPERIENCE

Chair
Clinical Mental Health Counseling Department
(Formerly: Graduate Counseling)
Franciscan University of Steubenville
Steubenville, OH 43952
July 2007 to August 2014

Assistant/Associate Professor
Clinical Mental Health Counseling Department
(Formerly: Graduate Counseling)
Franciscan University of Steubenville
Steubenville, OH 43952
August 1991 to present

Center Mental Health Consultant
Pittsburgh Job Corps Center
Highland Drive
Pittsburgh, PA 15206
March 1990 to present

Private Practice
Pittsburgh, PA
April, 1984 to July 2002

Director of Children's Unit
Staunton Clinic
Sewickley, PA 15143
August 1990 to August 1991

Coordinator of Clinical Services (1989 to 1990)
Psychologist (1979 to 1989)
Parent and Child Guidance Center
Banksville Road
Pittsburgh, PA 15216

SCHOLARLY ACTIVITY

Articles—Refereed Journal:

Milburn, M. (2011). Cognitive-behavior therapy and change: Unconditional self acceptance and hypnosis in CBT. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*: Volume 29(3), Page 177-191.

Milburn, M. (2015). "To forgive is to be sane and realistic": Contributions of REBT to the psychology of forgiving. *Journal of Rational-Emotive & Cognitive Behavior Therapy*, 33, 325-340.

(Two other co-authored manuscripts currently are in the peer review process.)

Workshop/Webinar Presentations:

Jungers, C., Kissinger, D.M., & Milburn, M. (2016). *Clinical supervision for counseling interns: How to respond to trainees' and sites' pressing (and sometimes competing) needs*. Workshop presented to site supervisors (3 CEUs). Franciscan University, Steubenville, OH

Milburn, M., Jungers, C., & Kissinger, D.M. (2015). *Enhancing clinical supervision through a review of supervisory Theories and Models*. Workshop presented to site supervisors (3 CEUs). Franciscan University, Steubenville, OH

Kissinger, D.M., Jungers, C., & Milburn, M. (2014). *Ethical issues in clinical supervision*. Workshop presented to site supervisors (3 CEUs). Franciscan University, Steubenville, OH

Milburn, M. and Luht, J. (2013). *Take a deep breath: Stress reduction techniques for Job Corps staff and students*. Nationally-presented Webinar for Job Corps staff (1 APA approved CEU).

Jungers, C., Kissinger, D.M., and Milburn, M. (2013). *Clinical supervision basics: Starting, guiding, & ending a supervision relationship*. Workshop presented to site supervisors (3 CEUs). Franciscan University, Steubenville, OH

Jungers, C., Milburn, M., & Kissinger, D.M. (2012). *Process issues, problems, & resolutions in supervision*. Workshop presented to site supervisors (3 CEUs). Franciscan University, Steubenville, OH

Milburn, M., Jungers, C., & Kissinger, D. M. (2011). *Enhancing counselor supervision: A review of major models and issues*. Workshop presented to site supervisors (3 CEUs). Franciscan University, Steubenville, OH

Dissertation:

Milburn, M. (1992). *Forgiving another: An empirical-phenomenological investigation*. Unpublished doctoral dissertation, Duquesne University, Pittsburgh. Available at <https://sites.google.com/site/milomilburnphd/home/forgiving-or-forgiveness>.