

CURRICULUM VITAE

Catherine Recznik, MSN, RN, CEN

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LICENSURE

- Aug 2010 **RN licensure** by Examination: **West Virginia**, license #78760, current
Sept 2010 **RN licensure** by Verification: **Ohio**, license #364964, current
April 2011 **RN licensure** by Verification: **Pennsylvania**, license #624973, current

CERTIFICATION

- Aug 2012 **CEN certification** by Examination: ENA, certificate #981114360, current

EDUCATION

- Dec 2012 **Masters of Science in Nursing**, focus in Educational Specialist
Franciscan University of Steubenville
 • GPA: 3.98
- May 2010 **Bachelors of Science in Nursing**, minor in Biology
Franciscan University of Steubenville
 • GPA: 3.87 (magna cum laude); Dean's List

TEACHING EXPERIENCE

2013-current **Assistant Professor of Nursing, Franciscan University of Steubenville.**
Employed as a full-time faculty member in the nursing department. Work in a variety of fields, including instructing the Leadership and Management course, functioning as a clinical instructor, and performing general faculties duties. Also design, implement, and administrate simulation lab experiences for all levels of nursing education.

April 2013-current **Lecturer, UPMC-hosted CEN Review, UPMC.** Lectured on the topic of medical emergencies as covered by the Certified Emergency Nurse (CEN) Exam. Remain on committee for planning future CEN Review courses.

Fall 2011-current **Instructor, PALS; American Heart Association** (sites include UPMC St. Margaret, UPMC Shadyside). Certified as an instructor for Pediatric Advanced Life Support; teaching both lecture material as well as practical sections (IO insertion, CPR review, Zoll review, etc). Participate in testing and remediation for all levels of student (RNs, MDs, NPs, and PAs).

Spring 2011-current **Instructor, ACLS; American Heart Association** (sites include Wheeling Hospital, UPMC St. Margaret). Certified as an instructor for Advanced Cardiac Life Support; teaching both lecture material as well as practical sections (Advanced airway equipment, IO insertion, CPR review, Zoll review, etc). Researched and developed additional lecture material based on student feedback (eg, Rapid Sequence Intubation, Stroke). Participate in testing and remediation for all levels of student (RNs, MDs, NPs, and PAs).

Spring 2011-current **Instructor, BLS; American Heart Association** (Wheeling Hospital, UPMC St. Margaret). Certified as an instructor for Basic Life Support; performing practical teaching, testing, and providing remediation for all levels of student (NAs, PCTs, RNs, MDs, NPs, and PAs).

2009-current **Instructor, CPR, First Aid, Emergency Preparedness; American Red Cross.** Instructed both the Lay Responder and Professional Rescuer courses. Franciscan University, Steubenville, OH

Spring 2013 **Clinical instructor, Franciscan University of Steubenville.** Employed as a clinical instructor for junior students in their pediatric nursing course. Designed and implemented a pediatric critical care lab day, incorporating AHA PALS guidelines, simulation, case studies, and senior nursing students.

Spring 2013 **Simulation Lab Instructor, Franciscan University of Steubenville.** Assisted the simulation lab coordinator in developing, programming, and implementing a weekly senior critical thinking simulation lab for seniors in their last semester of clinical experience. Worked to both program and run the simulation equipment, and participated in discussion of material during post-conference.

Dec 2012-Mar 2013 **Interim Coordinator, ACLS and PALS, UPMC St. Margaret.** UPMC St. Margaret: worked as the interim coordinator for ACLS and PALS, performing instructional and administrative duties for the purposes of verification and certification in ACLS and PALS for RNs, MDs, NPs, and PAs employed by or at UPMC hospitals.

Fall 2012 **Guest Lecturer, “Code Blue” and IV therapy labs, Franciscan University.** Guest lectured at senior lab experiences, including assisting with running simulation equipment and presenting a lecture on the topic of Rapid Sequence Intubation. Participated in discussions with students regarding medications and treatment choices within scenarios for Code Blue.

Summer 2012 **MSN clinical experience; NUR 770: Advanced Clinical Nursing, UPMC Shadyside.** Precepted at UPMC Shadyside ED with an Advanced Practice Nurse. Participated in many aspects of educating emergency department staff members, including one-on-one education, portions of nursing orientation, topic-based education, and case study review, as well as assisting with stretcher-side care of ED patients and designing go-live training with use of ultrasound at the bedside for peripheral IV insertion by the RN.

Summer 2012 **Guest Lecturer, UPMC Emergency Nurse Course, UPMC Shadyside.** Presented at system-wide Emergency Nurse Course on the topic of Gastrointestinal Emergencies.

Spring 2012 **MSN clinical experience; NUR 730: Educational Specialist role practicum.** Precepted with an undergraduate faculty member at clinical site, East Liverpool City Hospital and on campus, Franciscan University. Participated in many aspects of performing as a faculty member in this

course, including the instruction, testing, and clinical evaluations of junior level nursing students in their pediatric nursing clinical. Primary preceptor experience in the clinical setting, with some time also spent assisting with clinical laboratory days as well as with standard lecture days.

Spring 2011 **Guest Presenter: Disaster Preparedness and Management in Schools. Franciscan University.** Designed and implemented a case-study based education session for undergraduate education majors, presenting and discussing the topics of disaster preparedness and management according to the framework set up by FEMA.

Spring 2011 **Guest Presenter, “Licensure and Nursing Boards;” Franciscan University.** Presented on the topic of “Licensure and Nursing Boards” to the senior BSN class.

2010 **MSN Class NUR 620, Clinical Experience:** primary project titled *Being Healthy: Obesity, [Eating Disorders,] Diabetes, and Asthma*. Given as presentations to Kindergarten through 8th grade, with Eating Disorders included as a topic for the 7th & 8th grade students. St. Paul’s Elementary School, Weirton, WV

2009-2010 **Senior Student Representative to Curriculum & Evaluation Committee**
Represented the senior class within the undergraduate Nursing Department, Franciscan University, Steubenville, OH

PROFESSIONAL EXPERIENCE

2011-current **Senior Professional Staff Nurse, BSN; UPMC St. Margaret, Emergency Department.** Professional Staff Nurse in a 26-bed Emergency Department in a Magnet-designated UPMC hospital in Pittsburgh, PA. Responsible for the triage, treatment, and care of patients from all age groups and walks of life. Cared for patients needing treatment ranging from minor complaints to full cardiac or respiratory arrest. Participated in high-quality stroke care, as evidenced by UPMC St. Margaret being designated as Primary Stroke Center, and in 2012, again received the Stroke Gold Plus Quality Achievement Award from the American Heart Association, for its high quality stroke care. Also continued as an ACLS and BLS instructor and became a PALS and PEARS instructor, using these skills on a regular basis and teaching on a regular basis as part of this employment.

2010-2011 **Registered Nurse, Wheeling Hospital, Intermediate Care Unit.** Registered Nurse on the telemetry unit in Wheeling Hospital. Responsible for the coordination and provision of care for cardiac patients experiencing alterations in rhythm, perfusion, and compensation. Responsible to provide ACLS care when necessary, and to manage patients experiencing acute changes of condition. Responsible to give comprehensive discharge instructions and to provide medication teaching on a daily basis. Responsible to evaluate EKGs and telemetry, and treat patients accordingly. Responsible for the care and education of pre and post-procedure patients, including cardiac catheterization and pacemaker insertion.

Fall 2012 **NUR 660: Advanced Assessment; Trinity Health System, Emergency Department.** MSN clinical experience precepting with family nurse practitioner working in the ED. Participated in all aspects of advanced assessment in the Emergency Department setting. Participated in assessment and decision process according to the scope of practice of a family nurse practitioner.

- 2009-2010 **Receptionist, Night Manager; Franciscan University, Christ the King Chapel.** Worked with office staff and liturgy committee to staff the Chapel Office and plan, organize, and assist at campus liturgies.
- 2009-2010 **Customer Service Representative; Franciscan University Bookstore.** Provided customer service to students, parents, and visitors at a campus bookstore.
- 2009-2010 **Chair of Safety Manual Committee for Chapel Office, Franciscan University.** Wrote and taught the safety manual for Christ the King Chapel to students and professional staff. Franciscan University, Steubenville, OH
- 2009 **Authored the *Events Office: Logistics Student lead manual*** (including Orientation, Opening Weekend, Homecoming Weekend, Holy Week, and Commencement). Franciscan University, Steubenville, OH
- 2008 **Authored the *Christian Outreach Office: Logistics student lead manual.*** Franciscan University, Steubenville, OH
- 2007 **Assisted with the revision of the *Finnegan Fieldhouse Tornado. Evacuation Plan*** for the Christian Outreach Office. Franciscan University, Steubenville, OH
- 2006 **Co-authored the *Christian Outreach Office: Supply & Transport student lead manual.*** Franciscan University, Steubenville, OH
- 2004-2009 **Head Student Supervisor; Franciscan University, Events Office.** Hired, supervised, and trained ~60 workers each summer, coordinated meetings and event planning with other student supervisors, professional staff, and faculty. Responsible to assist with the development of and oversee the implementation of safety protocols, including emergency response and staff training.

RESEARCH

- Ongoing **Research participant, Nurses' Health Study 3**, enrolled October 28, 2011; Harvard School of Public Health.
- May 2013 **Poster presentation, *Flex monitor discontinuation study; UPMC Nurses' Week.*** Co-researcher with Gina Koch, MSN, RN, CMSRN.
- Spring 2012 **NUR 695: Research Option;** Participated as a co-researcher with a clinically-based researcher at UPMC St. Margaret, Gina Koch, MSN, RN, CMSRN, assisting with two inpatient studies: use of remote cardiac monitoring and stroke follow-up care, respectively. Was able to assist with data collection and interpretation as well as staff education for her next study, "Stroke Follow-up Care."
- 2010 **Research Participant, *Effectiveness of Narrative Exemplars on Leadership***

Development. Principal Investigator Dr. Kathrine M. Kolanko, RN, PhD. Franciscan University, Steubenville, OH

AWARDS

- 2012 **Awardee, *Rising Star in Clinical Practice*.** System-level award for excellence in nursing, awarded to an RN with less than two years of nursing experience.
UPMC, Pittsburgh, PA
- 2010 **St. Catherine of Siena award (Outstanding Nursing Student) Class of 2010.**
Franciscan University, Steubenville, OH
- 2010 **St. Thomas More Award for Outstanding Student Leadership**
Franciscan University, Steubenville, OH
- 2009 **Outstanding Student Worker Award**
Franciscan University, Steubenville, OH

CONTINUING EDUCATION

- 2012 **Completed ENA's Trauma Nursing Core Course (TNCC)**
UPMC Mercy, Pittsburgh, PA
- 2012 **Completed ENA's Emergency Nurse Pediatrics Course (ENPC)**
Children's Hospital of UPMC, Pittsburgh, PA
- 2012 **Participant, Laerdal-sponsored training for use of SimMan 3G and associated programming and technology.**
Franciscan University of Steubenville, Steubenville, OH
- Oct 2011 **Completed American Heart Association PALS Instructor requirements.**
UPMC St. Margaret, Pittsburgh, PA
- Mar 2011 **Completed American Heart Association ACLS Instructor requirements.**
Wheeling Hospital, Wheeling, WV
- Jan 2011 **Completed American Heart Association BLS Instructor requirements.**
Wheeling Hospital, Wheeling, WV
- 2010 **Completed ACLS, scoring 100% on both the didactic and practical testing portions.**
Wheeling Hospital, Wheeling, WV
- 2010 **Completed Basic Arrhythmia class, scoring greater than 99%.**
Wheeling Hospital, Wheeling, WV
- 2009 **Certified, Instructor, CPR/First Aid; American Red Cross**

Franciscan University, Steubenville, OH

2008 **Certified, CPR/First Aid for the Professional Rescuer;** American Red Cross
Franciscan University, Steubenville, OH

COMMUNITY SERVICE

2013-present **Extraordinary Minister of Holy Communion,**
Holy Family parish, Steubenville, OH

2010-present **Adult team member,** Hearts of Fire youth group; Community of God's Love

2005-present **Music ministry member,** Community of God's Love, Steubenville, OH

2010-2012 **Extraordinary Minister of Holy Communion,**
St. John Fisher Catholic Church, Richmond, OH

2008-2011 **Cantor,** St. John Fisher Catholic Church, Richmond, OH

2005-2010 **Extraordinary Minister of Holy Communion,**
Franciscan University, Steubenville, OH

2009, 2008,
2007 **Participated in a week-long Medical Mission trip to Ecuador** through
Franciscan Missions of Peace. Based in Quito, Ecuador